

UKI NEWS

An initiative of the Uki and Districts Residents' Association (UKIRA)

Proudly Sponsored by the Uki Pharmacy

Issue 39 February / March 2008

'The best read on the Tweed!'



Shown here preparing the magnificent dinner held on 16 January to raise funds for the Uki Hall are (centre) organiser Julia Hancock, (L) volunteer Beryl Vear and (R) volunteer Heiti Miller.

Photo by Barry Longland

2008—the Year of the Uki Hall

by Barry Longland

With the interest shown through the Uki Community Plan meetings late last year, 2008 could be a big year for our ageing Uki Hall. The damage caused by severe termite attack has left a major headache for the members of the Hall Trust who are charged with the administration of the Hall. This is in addition to the need to replace all the doors, renovate the kitchen, paint the building inside and out, upgrade security and make the building wheelchair accessible. As well, there are the general ongoing maintenance needs of a building that is more than 100 years old.

After the Community Plan meetings, a small group of residents formed a fundraising committee with the aim of finding the funds needed for these works. With a combination of community fundraising activities and accessing available grant funding, they are confident that they can meet their objective of seeing the restoration of this indispensable village asset. The group will be working closely with the Hall Trust to bring about a completion of these much needed works.

A year of activities has been planned which kicked off with a dinner hosted by Julia Hancock on 16 January which raised \$881. Some cash donations have also been received, including \$800 (Uki Indoor Bowls), \$500 (Harding's Earthmoving) and a further \$500 from an anonymous donor. In addition, Tweed Clubs have donated the funds needed to replace the fire doors in the building. During February, the group will conduct thorough research of available grant funds and submit applications as necessary.

Other community activities planned for 2008 include family movies at the Buttery, a trivia night at the Hall, a gala cabaret night as well as a major art show event 'Images of Uki' over a weekend in November. Information on this and all the fundraising activities will appear in the pages of the Uki News.

Finally, the Hall Trust is calling for expressions of interest for membership as the terms of the current Trustees expire in 2008. Anyone interested can contact Kay Bristow on 6679 5795.

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Uki Church Services

Mass at St Columba's Catholic Church 1st and 3rd Sundays of each month at 10am.

Holy Trinity Anglican Church Holy Communion 1st and 3rd Sundays.

Morning Prayer 2nd, 4th, 5th Sundays all at 9am.

UKIRA Report

by Barry Longland, President UKIRA

On behalf of UKIRA I would like to wish all residents a happy and prosperous new year. Work is almost complete on the final version of the Uki Community Plan that involved much consultation and deliberation during the latter part of 2007. The work on building and enhancing our wonderful Uki lifestyle that emerges from the Plan promises to ensure that 2008 will be a busy and exciting year for many of us. The project has already generated fresh interest and new volunteers with work under way on some of the key issues identified by the community as important to the improvement of the Uki and district experience.

I also want to thank everyone for their involvement in the village Xmas party on Dec 15. With the

near perfect weather for the evening combined with the music and celebration of community, I'm sure that this event is now firmly entrenched on the Uki calendar.

In the last edition of the Uki News, I gave details of the Association's membership of the Neighbourhood Watch organisation. Since that time there have been encouraging signs that increased liaison with the Police Service has been of assistance to the community. The Association was represented at a meeting with both local State members (Thomas George and Geoff Provest) in Murwillumbah on 4 February to take part in discussions about better Police response times in our district.



Santa, with attendant Elf, hands out treats at the Community Christmas Party last year.

Photo by Barry Longland

Editorial

Everybody please note that the email address for the Uki News has changed. Our new address is theukinews@hotmail.com.

The old address, with the _ in the middle, seemed to puzzle some people. If they forgot to type in the _, our emails went to the post office (ukinews@hotmail.com).

While Peter and Lyn were very kind and tolerant, I thought it was time to end the confusion. The old address will remain valid for some time, but please change your email address books now to reflect the new address

theukinews@hotmail.com

While I'm on the subject of emails, I'd like to remind everyone that they are welcome to join my reminder list. Just send me a quick email, and you will get two reminders before the deadline for each issue. I welcome all news items about local people, clubs and events.

The next issue will be number 40, a long way from number 1 in May 2001. Let's make number 40 an even greater celebration of community life than ever!

Deadline for Issue 40 is Monday 17th of March.

Anita Morton

UKIRA is the Uki village and Districts Residents' Association Incorporated, a not-for-profit community organisation that provides a forum for residents to discuss and act upon local issues. You can contact President Barry Longland on 6679 5220.

UKIRA MEETINGS are held on the 1st Tuesday of each month in the Uki Hall at 7pm. Please come along to our next meetings on the 4th of March and the 1st of April.

Disclaimer

The opinions and views expressed in this newsletter are the contributor's own. They are not necessarily those of the Uki News nor of UKIRA.

Who to contact

See the editor (Anita) in person at the Uki Hall market, every Saturday between 8am and 1pm, if you would like to discuss any Uki News business, or email theukinews@hotmail.com.

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Village voices

Start the year with fun while you learn public speaking - listen to interesting tales & tell your own. Come to Toastmasters every other week for fun and laughs, as well as education. For further information ring Sylvia on 02 6674 0721 or Ida on 02 6679 5122.

Cards have now started for the year, and we would welcome new players. Let's make it a games day - if anyone has a board game such as Scrabble they are welcome to bring it along. Play for a couple of hours if you don't want to play all day. Morning tea provided. Cost only \$2, with funds raised going to support local charities. Further information phone Joy on 6679 5297.

Congratulations on yet more academic success to Uki astrologer and regular Uki News contributor Paola Emma. Paola has been awarded the Federation of Australian Astrologers' top award for academic achievement in 2007, the Gold Medal for Excellence. The Gold Medal indicates that Paola achieved the highest aggregate mark of all students sitting the Practitioner's Certificate exams in Australia in 2007. Paola also won the John Clarke Memorial Scholarship, consisting of a one-off part-payment to go to the United Astrology Congress held in May 2008 in Denver, Colorado.

Congratulations Paola

LIFELINE

Please make a note in your diaries of the Lifeline sales to be held this year. Sales will be on 13 March, 22 May, 4 September and 13 November.

Water, water, everywhere....



Caelan Reid surveys the damage at Byangum Bridge after the flood. Photo by Lyn Reid.

New residents of the Uki area may have been taken by surprise by the flood we had at the beginning of January. Please bear in mind that this was **only a minor flood**, of the sort we can expect every five years or so. Major flooding is rarer, but can still happen. In a major flood roads and bridges will remain impassable for longer, and the low-lying areas suffer major losses of property, stock, roads and fences. Although the water will go down fairly rapidly at the high end of the catchment, parts of Byangum, Murwillumbah and the coastal plain may be underwater for many days.

With the La Niña weather pattern well established, expect rain until at least April. **Be prepared for more flooding**—stock up on extra storable food, candles and batteries, have an emergency kit packed and be ready to evacuate to high ground if your home is flood-prone.

The new centralized flood warning system has shown its flaws now, so don't rely solely on the SES website. When heavy rain is expected, stay in touch with long-term residents and keep a close watch on creeks and the river. **Don't take foolish risks!**

Anita Morton



The sewage pumping station in the heart of Uki, knee deep in water. Photo by Lyn Reid.

Mount Warning Hotel

Most readers would be aware that the hotel changed hands in December 2007. New licensee Geoff Brown (pictured with wife Lexie) took over the running of the pub after serving for 3 years at the Imperial Hotel in Murwillumbah and, prior to that a stint as licensee at the Murwillumbah Bowling Club. Geoff is no stranger to Uki, having spent some of his early years as a resident in the 1970s. His mother (Gert Rabjones) lived in the village (next to the old butcher shop) for 25 years until the early 1990s. The new owners of the Hotel are Brett and Kim Watson who live in Grafton.



Photo by Barry Longland

DON'T MISS THE LOCAL PRODUCE MARKET in Uki Hall every **SATURDAY** from 8am to 12.50pm.

Watch out for the Uki Gladiator

Many readers may be unaware that Karen Harding, daughter of Barry and Dianne, has made something of a name for herself in the body building world. In the World Fitness Federation 'Universe' Awards in Germany in June 07, she achieved a 2nd place in her class. Her partner, Rick Brennan also competed and was placed 1st in his division. As a consequence, Karen has been selected to appear in the upcoming series of *Gladiators* to be screened on Prime television in March this year. I'm sure that this news will boost ratings for the show in our area as viewers attempt to spot the Harding resemblance. Congratulations Karen and Rick.



Picture shows Karen and Rick competing at the championships in Germany.



Well known and much-loved Uki songster, Loren, and his lovely partner, Kelly, have decided to celebrate their ten years together by getting married.

Together with children Jet and Wala, family members and friends, they will celebrate their wedding at Midginbil Hill on 16 February. Loren has just returned from a national tour, adding weight to the saying that 'absence makes the heart grow fonder' (if possible).

Congratulations from the Uki News and the community.

Nightcap Village Update

Notwithstanding that the developer is yet to provide some critical detail sought by Council, he is now seeking the intervention of the Land and Environment Court in the assessment process. The issues relate principally to water treatment at the site. On February 4, an attempt will be made by the

developer to have a 'deemed refusal' provision invoked by the Court which will force Council to hurry the assessment process. Needless to say, the widespread community opposition to aspects of the proposal will ensure that the Uki News will continue to monitor the situation.

Clarrie Hall

The family of the late Clarrie Hall, long time resident of Kunghur and past Shire President have had to come to terms with the loss of priceless family memorabilia when their historic house was destroyed by fire in early January. The Clarrie Hall Dam which contains the Shire's water supply was named in his honour in 1982.



RSL Report

By Ray Blisset

Hon. Secretary Uki RSL Sub-Branch

The Sub-Branch held its Christmas BBQ at the Secretary's residence on Sunday 9 December. There was a good roll-up of Sub-Branch members and their families. The raffle raised \$125, with all prizes being donated by Sub-Branch members.

The President and Secretary have been invited to attend the handing over ceremony of the 'Changi flag' at the Heritage Lodge on 30 January 2008. The flag was made by Australian prisoners of war in the infamous Changi prison during World War II.

The Sub-Branch AGM will be held on Sunday 10 February in the Uki Hall. The meeting will commence at 10am. Yearly subscriptions will be collected at this meeting.



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Look Up... and Thank God

My wife and I like to camp in January ... in a National Park somewhere, preferably close to a beach. This year our holiday was cut short, but between so called 'scattered showers' there were opportunities still to reflect upon the power of the waves, the profusion of wild flowers, and - for those willing to look up - the beauty of sunrise and sunset, and the wonders of the night sky. At such times I am reminded of Psalm 8: so let me share with you an Australian version by Bruce Brewer:

Holy God, our most loving God,
awesome is your name in all the earth!
Your glory exceeds the universe and time,
in eternity your name is chanted with love;
yet here even infants and babies can praise you,
silencing arrogant adults and loud cynics.
When I am out in the country at night,
and look up at your finger painting in the skies,
the moon, planets and the stunning Milky Way,
all of it there only because of you,
I ask myself what it is about human beings
that you have time for our worries,
what ever is it that is precious enough
for you to take such care of us?

It seems you have made us almost like gods,
crowning us with honour and responsibility.
You made us stewards of your handiwork;
the health of all creatures depends on us,
the herds of cattle and flocks of sheep,
kangaroo, emu, bilby and wombat,
eagle and blue wren, coral reef and dolphin,
and great whales that make paths in the sea.
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Rev'd John Tyman, Holy Trinity Church

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Red Cross Report

With Joy Armour

The Christmas Appeal day was a great success, with over \$1,500 being raised. A big 'Thank You' to all the local business houses, the Garden Club and the community for their donations and support.

Special thanks go to all those, both members and non-members, who worked on the stalls and in the kitchen. We served 52 lunches on

the day. Our new Zone Rep, Marie, attended the luncheon.

Winners of the raffle were M Wallace, L Milsom, M Broadbridge, Annette Nicholls, K Mills and M Sweetnam.

President Betty hopes that all had a merry Christmas, and wishes everyone a happy New Year.



Clean Up Australia Day

As usual, Uki will be participating in Australia's annual Clean Up day on Sunday 2 March. In recent years we have had considerable success collecting rubbish from in and around the village, the parks and playgrounds, and along the river banks.

Everyone is welcome to join in. We'll meet at 7.30am behind the Butter Factory, Main Street, Uki, and we'll be working until 10.30am. Any help during the morning would be very much appreciated. Bring a hat, some water, sunscreen, gloves and stout footwear.

Looking Forward to 2008!

by Uki Public School

Students and staff of Uki Public School have returned to what promises to be a very busy year. The new classes for 2008 are well under way and children are eagerly participating in their day to day classroom routines. New enrolments are always welcome and any interested parents should contact the school on 6679 5128 to make an appointment with the principal Garry Brabham to discuss your child's needs and have a walk around the school grounds.

One of the first activities for this year will be a visit to the school by 'Healthy Harold' and the Life Education van from the 12th to the 14th of February. This wonderful resource provides children with an

interactive and fun learning environment to learn more about themselves and the pressures of growing up in the 21st century. Each year group visits the van and participates in a program that focuses on personal development and well-being.

Another major event that will be occurring in the first few weeks of term will be the election of the 2008 School Captains and Student Representative Council members. These school leaders will have a very important role to play throughout the year, representing the school at a variety of functions and making sure that our school is a fun place to be. Our school leaders will be in-

ducted into their positions at the first whole school assembly on Thursday the 6th of March.

The Life Education van that will be visiting Uki PS this month.

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With all the recent rain we have been experiencing, it seems like the perfect time to discuss the potential benefits of a really good bath. Baths can act as a relaxation tool and a simple yet effective way to gain the benefits of essential oils and herbs. Tips for great baths include:

- Dry brushing your body before bathing will remove dead skin cells. A quick shower after dry brushing and before entering the bath will put your skin in optimum condition to benefit from any oils and salts added to the bath water.
- Bath water should be comfortably warm (28-34° Celsius) – not hot.
- If using dried herbs, peels, etc, tie them in a cloth or bag. Hang the bag under the hot tap while it's running and then use it as a wash cloth. (Bags made from the feet of pantyhose are effective.) Bath herb ideas include:

- 3 cups lemon balm, 2 cups lemon verbena, 2 tbsp dried ground lemon peel, 2 tbsp dried ground orange peel, ½ cup mint leaves, 1 dropper (20 drops) peppermint oil. Crumble the herbs to the consistency of tea leaves, then mix with the peel and drip the oil in slowly while stirring. Store in an airtight jar. Use ¼ to ½ cup for each bath.
- Vinegar restores the acid mantle to the skin and relieves dryness, itching and sunburn. Use cider or white wine vinegar.
- Essential oils can be wonderful in baths. Always use 100% essential oils and don't use more than eight to 10 drops in a full bath. Essential oils are not suitable for children under two years of age. For children between two and six, use no more than four drops; age seven to 12, no more than six drops. The oil needs to be mixed with either one tablespoon of cream or vegetable oil before adding to the bath. This helps the oil

disperse. Run the bath and add the oils just before getting in, otherwise the precious essences may evaporate before you can get the full benefit. Oil suggestions for the bath include:

- *Antiviral* 3 drops tea tree, 3 drops eucalyptus, 3 drops lavender, 1 drop thyme.
- *Antibacterial* 3 drops tea tree, 3 drops eucalyptus, 2 drops thyme, 1 drop lemon, 1 drop clove
- *Dry skin* 4 drops palmarosa, 4 drops geranium, 2 drops patchouli
- *Rejuvenating* 4 drops lavender, 3 drops rosemary, 2 drops peppermint
- *Relaxing* 4 drops chamomile, 3 drops lavender, 3 drops ylang-ylang.
- Try and make your bath time as peaceful and relaxing as possible – then you are sure to gain maximum therapeutic benefit. Enjoy!

Kaye's Kitchen

By Kaye Wilson



VEAL IN LEMON CREAM SAUCE

- 4 veal steaks
- 30g butter
- ¾ cup cream
- 1 tbs lemon juice
- 2 tbs chopped parsley
- Salt and pepper

Pound steaks thinly, then cook in melted butter until browned on both sides and tender. Remove from the pan and keep warm. Add cream, lemon juice and parsley to pan and stir until well heated through. Season with salt and pepper, and serve poured over steaks. Serves 4.



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Blue-faced Honeyeater (*Entomyzon cyanotis*)

This is a large, gregarious and aggressive honeyeater which feeds on nectar, fruits, berries and insects. It will damage large soft fruits such as pears, bananas etc.

The Blue-faced Honeyeater has striking two-tone blue skin on its face and a yellow-white eye. The crown and nape is black with a white nape band. The upperparts are olive-green, while the underparts are white with a dusky black bib. Immature birds have olive-green facial skin and a grey bib.

This is one of the larger and more conspicuous honeyeaters and is often seen in flocks of eight or more. Their flight is undulating. Sometimes around twenty-five birds flock together in a mixed group with rainbow lorikeets, friar birds and smaller honeyeaters.



There are three races of this bird – race *cyanotis* found in eastern Australia, race *greseigularis* in northern Queensland, and smaller race *albipennis* in the Northern Territory and WA. The latter has white underwings.

Blue-faced Honeyeaters make a raucous, sharp and yet husky

'kieerk kieerk' call. They also vocalise with repetitive sharp contact calls 'whik whik whik whik', a softer 'quorriek quorriek' and a clear whistled 'quorriek' which starts low and finishes with a loud high shriek.

Habitat: open tall eucalyptus forests and woodlands, paperbarks, river edge vegetation, plantations, garden edges etc

Breeds: June to January.

Nest: a deep cup of grass, rootlets and spiders' webs, lined with plant down or hair. Sometimes made of twigs in bark debris. 3 to 10 metres high. Sometimes also uses old nests of babblers, apostle-birds or magpie larks.

Eggs: 2 to 3, salmon-buff spotted, zoned red-brown or purplish red.

Range: coastal north and east Australia from the Kimberley in WA to Myall Lakes NSW. Inland south-east Australia west to Morgan SA, south to Bendigo Vic. Locally migratory. Also found in PNG.

Enjoy your birding.

Historical Society News

by Helena Duckworth

Another year has started and we are busy with the new museum business. We are looking forward to early progress on this project.

The January floods. Do you have any photos we can copy for our archives? Please contact us at the office. Phone 6679 5890 on Fridays or pay us a visit.

I found a few oral histories about floods in *The Way it Was* and hope you find them interesting.

From Alma Milsom née Priest - 'Half of Mt. Misery came down in a flood one time and landed on Priest's verandah.'

Rex Loxley-Lewis - 'In Midginbil, after the '21 flood there'd been that much rain and that much timber lying around at that time, that it blocked the road up. Not at Midginbil but down below the Perch Ck

turnoff at the main road somewhere near Rita Best's. (Martin's today) The South Arm put the rubbish up in there, over the road. Took about three days to get a truck through, burning it and pulling it and cutting it. After it was finished there was enough timber there to keep the men going for three days to clear a track through it to get the cream to Uki.'

Mary Hatton - 'I was staying with some people at Dum Dum for the weekend. Mt. Warning Lodge, that's the house I spent the night in the roof but it was down near the edge of the creek. It's up on the hill now. The rain kept pelting down and as the water was rising the gentleman of the house put on a big table with a little table on top of it and he put his wife and the two children up on there. And then he

went and got the axe and he chopped a hole in the ceiling and put his wife and children and myself up in the roof. While we were waiting it was terrible, as the cows were washing past. It was pitiful to see the animals.'

Joy Armour - 'We never thought of being bored when we were kids. You roamed the farm, you went fishing, you went for walks, picnics and if you couldn't go out because it was wet you'd read a book and if it was too damn wet, you went for a swim in the flood. The boys had canoes but we'd just get on a log, go down the flooded creek. I don't know how we didn't get torn to bits because the fences used to get washed away.'

Our first meeting of the year is Saturday, 9th February, at 10.00 a.m. in the office.

Boy, has it has been a busy month with storm damaged computers. Damage to computer hardware from power surges is a surprisingly common problem. Not only is your computer at risk of being damaged from a lightning strike during a storm, even on windy or rainy days computers can be at risk.

The damage caused to computers from these types of surges can vary in severity. Sometimes you might lose a power supply or a modem, and other times you might lose more. During some recent storms in Uki a client was unfortunate enough to have their computer totally destroyed - the power supply, the modem, the processor and motherboard, the DVD burner,

the hard drive (ouch) - even the keyboard and monitor!

Even for the single PC user at home, you should invest in a product that protects your computer from surges through both the power lines and the phone line. However, always remember that most power surge protectors are only designed to protect you from the 'normal' fluctuations in power and other minor surges. A UPS (Uninterrupted Power Supply) will cover all surges through your power point AND telephone line, what's more it gives a pure 240 Volt power supply. They also supply a battery back up for approx. 20 minutes depending on consumption and battery size.

What's your insurance like? A lot of people make the assumption that they are covered for computer damage, but in fact many insurance companies don't pay for computer damage caused by surges. Many insurance companies will only pay if the damage is caused by a direct lightning strike during a storm. It may be worthwhile running some 'what if' scenarios past them to be sure. And shop around if you need to, in order to find an insurance company that will give you the cover you need.

So please follow the simple rule. **Unplug the power cable AND the telephone line** if you are going out or away.

OOSH after school hours care 3 to 6pm Monday to Friday Phone

Mt Warning Preschool News

Mt Warning Community Preschool finished the 2007 year with a wonderful Christmas Party to farewell those children and their families who were leaving the centre to start school in 2008. At this party the Christmas Byron Bay Ballooning Raffle was drawn and our congratulations go to Sara Pritchard who won this fabulous prize. Maybe we will all see Sara up in that balloon soon! Thank you to all those people who purchased tickets for this raffle.

The preschool will open again for the 2008 year on **Tuesday 29th January** and the staff at the centre for this year will be Pauline Hurcombe, Greg Arthur, Carl Palmer, Kaye Rolavs and Diane Wilder. **Enrolments of younger children from 2-3 years of age will be on Mondays, whilst children aged 3-5 years will be Tuesdays to Fridays.** Any families requesting places for their children should make contact with Kaye on 6679-5313 as soon as possible.

We take this opportunity to thank all those families who contributed to the ongoing management of the

preschool during 2007, and wish them well for 2008.

We would particularly like to extend our gratitude to Sonya Dusi for her long association with the preschool from the time her children started attending seven years ago. Sonya has been an active member of the Parent Committee all of this time and has taken part in major ongoing planning for the preschool. We wish Sonya, Peter and the family well in the future, and many thanks again.

Diane Wilder

autograph

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Hi, everyone. The Sun Eclipse (Aquarius New Moon, February 7) will be Neptune's time: an eye opener to those subtle and creative dimensions of life which are easily undermined by our busy routine. Inner vision, music, dance, togetherness, team work, helping others in need, identifying more fully with their feelings, goodwill, relaxation, dreaming, day dreaming - these are all activities this Eclipse may help to foster.

Negatively one could be swamped by an emotional tidal wave or deduced by deceptive, wishful thinking, losing sight of reality. Not great for business, planning or rational thinking, ideal for artistic and spiritual pursuits. This is the ambivalent nature of Neptune. The above could prove especially relevant to Aquarius (Feb.10-14), Leo (Aug.13-17), Taurus (May12-16)

and Scorpio (Nov.13-17).

The Virgo Full Moon Total Eclipse (February 21) may have an opposite effect, because of its closeness to Saturn, the planet that defines our physical reality. Work, the need to budget and plan for the future, a serious mindset, greater commitment in all partnerships, deeper awareness of health needs (because of illness or a wish to cleanse the body), willingness to make sacrifices, to be more self-disciplined could all spring from this darkened Virgo Full Moon. Its downside? Pessimism, a too restrictive, pragmatic, critical and biased view of reality. Especially influenced by this transit could be Virgo (Aug.25-30), Pisces (Feb.20-25), Gemini (May23-28) and Sagittarius (Nov.24-29).

Mars' transit in Cancer heralds a time of greater self-confidence and

initiative, but possibly also antagonism and confrontations, for Cancer (Jun.21-June-Jul.3), Capricorn (Dec.22-Jan.1), Aries (Mar.21-Apr.1) and Libra (Sep.23-Oct.4).

Uranus will produce a restless but exciting mood, for Pisces (Mar.6-10), Virgo (Sep.8-12), Gemini (Jun.6-10) and Sagittarius (Dec.8-12). For most active until the end of the year, this is a once in a lifetime chance to find out where your life is heading, not necessarily on the same path you have been conditioned to follow.

Mercury will turn Direct on February 19, having been Retrograde in Aquarius since January 29, hopefully ending the major disruptions in communication its retrogradation usually brings.

Happy end of summer, everyone.

paolaemmastrologia@gmail.com

Uki Buttery Bazaar Market Sunday 17th of February



New Moon - 17° 44' Aquarius - Appulse Solar Eclipse, February 7, 2.44 pm.

Full Moon - 01° 53' Virgo - Total Lunar Eclipse, February 21, 2.30 pm

New Moon - 17°31' Pisces - March 8, 4.14 am.

Full Moon - 01°31' Libra - March 22, 5.39 am.



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LASER LEVEL

I wonder how many city dwellers began 2008 with the 'tree change' dream of moving to the country and becoming self-sufficient? Perhaps some have already moved here, but are finding it impossible to turn the dream into reality.

Here are some reasons for failure:

- people buy too much land, and become disillusioned when the task ahead of them becomes insurmountable;
- people try to do too much in one go, rather than tackle each small section at a time;
- people don't do enough research before em-

barking on an ambitious project;

- people's ideas are unrealistic.

Successful tree-changers are those who:

- realise that self-sufficiency can be achieved with a relatively small block of land, say a quarter to half an acre – more than an acre is definitely too much in this climate;
- work to a clearly-defined plan and complete one project – say planting an orchard – before moving onto the next stage;
- seek information from local gardeners and learn from their mistakes. Consult the Department of Agriculture, borrow books from the library, pick the brains of garden centre staff, and get to know your own block of land at various times of the day, and season;
- make sure they have enough water;
- make sure they have soil that can be cultivated and improved if not already fertile;
- make sure they have the wherewithal (e.g. time, money, energy) to finish what they have started.

Uki Hall Schedule

Monday	Yoga 9.30 to 11.00 am
Tuesday	Cards 9.30 am Middle-eastern dance 9.00 to 11.00am
Wednesday	Yoga 8.30 to 10.00 am Creative Movement/Dance For 3 to 5 year olds 10.15 to 11.45 am
Thursday	Circle Dance 10.00am to 12.00 noon Yoga 5.30 to 7.00 pm Indoor bowls 7.30 pm
Friday	Yoga (with Naomi) 8.00 to 9.45 am Vocal Expression 10.30 am to 12.30pm GI'o Dance one a month, 3rd or 4th Friday night
Saturday	Produce and craft market 8.00 am to 12.30 pm Hap Ki Do 2.00pm to 4.00pm

The Residents Association meets at the Hall on the first Tuesday of every month at 7.00pm.

The Uki Garden club has many members who, like myself, have learned to garden in the Tweed Valley the hard way. We are all happy to share our experiences with newcomers to the area, or those who are starting a garden for the first time.

For an annual membership of \$20 (online) or \$25 (snail mail) you get access to hundreds of years' combined experience, plus an excellent library of all sorts of useful gardening books.

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At the Buttery

We are now open and offer you a delicious range of fresh bread, pies, small cakes and slices. We welcome your orders and would love to meet you. Call in and see Michelle, Ron and David for friendly service and wholesome country cooking.

We are open Mon – Friday 8am – 4pm

Mon – Sat 8am – 1pm.

Phone 6679 5838.

CRAG Update

Road Closures Stop Short-cuts

Certain roads that are short-cut routes between Mt Burrell and Byrrell Creek have been earmarked for permanent closure. The NSW Department of Lands has received an application from Nightcap Township developer to permanently close roads that cross and interfere with the development site. The roads in question form part of a network of roads that connect Byrrell Creek Road to Mt Burrell, and provide an alternate route to Kyogle Road from Byrrell Creek to Mt Burrell along the northern side of the Tweed River. Individual submissions in the form of objections to the permanent closure of these roads can be made to:

Manager Crown Lands NSW

PO Box 272

Grafton

NSW 2460

(Quote the Reference Number GF05H888 on all correspondence)

If the road closures can be stopped, then the development will not proceed. CRAG urges all interested community members to make their submission immediately.

The Developer is taking legal action in the Land and Environment Court against Tweed Shire Council and a Hearing has been set for 10th February 2008. CRAG will keep you informed.

For more information re these issues call John Donvito on 0408 476 965.

Fire Brigade news

Due to the heavy rain in early January the bush fire danger period on the North Coast was lifted on the 12th January. As a result, no fire permits are required until the next fire season - but you must still notify your neighbours 24 hours before lighting up.

The Kunghur Brigade along with Murwillumbah and Uki brigades were called to a house fire at Kunghur recently. The house was fully engulfed in a matter of minutes so personal items could not be saved. Every home should have a fire escape plan, especially educating children to learn to practise the plan thoroughly.

A couple of nights later the Kunghur Brigade was called out to control traffic at approximately 2486 Kyogle Road, Kunghur, where the road had collapsed (you know, where that notorious bump was). Although it was a small hole in the bitumen it opened up to five to six metres deep and approximately the same wide. It took 10 truck loads (100 cubic metres) of gravel to fill it to make it trafficable.

For information phone me on 6679 9121 or Fire Control Murwillumbah on 6672 7888.

Ron Duckworth. Captain Kunghur Brigade.



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In this second article in a series on rural home-based businesses we look at direct marketing, a concept that began in America over 50 years ago with Mr Tupper, whose 'ware' quickly became the housewife's friend.

'Got a problem with direct marketing? Get over it!', says Garry Gnapp, who searched extensively for a home-based business model before he set up his own direct marketing venture, Activate Solutions Network, specialising in glyconutritional. His research on peak performance, health and wellness originally started as an interest, but the more he learned about glyconutrients, the more convinced he became that they may be part of the solution to global health problems. 'My goal is to pass that information onto people in a way that enables them to positively affect their lives and the planet,' explains Garry.

Operating from a completely solar-powered house, Garry has built up

a network of 3,000 like-minded people who are committed to finding global wellness solutions through optimal health. He sees himself as an educator first and a businessman second and has discovered that the most effective way to disseminate his knowledge of biochemistry and carbohydrate technology, while earning the income to support a healthy lifestyle, is through network marketing.

Garry sells a range of plant-sourced mineral and vitamin supplements which are free from synthetic nutrients and which provide both antioxidant and immune system support to help maintain long-term wellness. He is more than happy to discuss his products with anyone who is interested and can be contacted on garry@activatesolutions.net.

Adrielle Lansdown also runs a successful business from her Chowan Creek home. 'If you want to set up something at low cost, direct marketing works very well,' says

Adrielle, who has been part of the Neways network for several years. Adrielle explains that the beauty of direct marketing as opposed to retail is that there are no business loans to service, no rent to pay, no staff to employ, no shoplifting, you can work your own hours and you do not need to hold any stock.

Adrielle says that her organic cleaning and personal care products sell themselves: 'I find that people love to tell you their health problems and I take that as an opportunity to talk about my products, which may help them. It's very simple to grow a business by listening to people. And they can be from all over the world.' Adrielle finds that an organisation like Neways offers her the flexibility to work as much or as little as she wants, and as a sole operator 'the rewards are really there.' Check out her website on www.myneways.com.au/adrielle for more information.



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Contributions sought

Do you have an event coming up, a special achievement, a worthy cause, or a particular interest? Share it with your community by contributing to the Uki News!

Email contributions to theukinews@hotmail.com, or post them to The Uki News, c/- Post Office, Uki.



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February

Connections and Collaborations
exhibition preview with Euan
Macleod at 5.30pm (DST)
and official opening of all
exhibitions at 6.30pm (DST)

Connections and Collaborations - this exhibition of work
by internationally acclaimed Aus-
tralian artist **Euan Macleod** com-
bines a rarely-viewed mix of the
artist's paintings and his more re-
cent exploration of printmaking.

**Free Public Program - 2pm Fri-
day 29 February**

Painter Euan Macleod In Con-
versation with printmaker Ron
McBurnie.

Bookings 02 6670 2790 or
anoukb@tweed.nsw.gov.au

**Gems from the National Art
Glass Collection** - is a Wagga
Wagga Art Gallery Exhibition. The
Collection is recognized as the
largest public collection of studio
art glass in Australia.

**Free Public Program - 11am Sun-
day 10 February**

Exhibition talk with master glass
artist Brian Hirst, a Master of Aus-
tralian Craft: Glass and a leading
artist with over 30 years experi-
ence.

**Free Public Program - 11am-3pm
Sunday 9 March**

Glass Casting Demonstration and
Display with Larua Epton and
Deirdre Wybrew.

**From the South Seas: Aus-
tralian South Sea Islander
descendants** - is a Tweed
River Art Gallery touring exhibition.
The exhibition showcases 35 of
Gilbert Bel-Bachir's powerful pho-
tographic portraits of descendants
of South Sea Islanders.

**Free Public Program - 11am Sat-
urday 9 February**

Exhibition talk with photographer
Gilbert Bel-Bachir

pflight of the paper bal- loons

pflight of the paper balloons is a
series of collaborative artworks by
Sara Bowen, Darren Bryant, Liz
Deckers, Rebekah Evans, Louise
Irving, Joanna Kambourian and
Tim Mosely as part of the 'codex

event' programme coordinated by
Tim Mosely and facilitated by
Southern Cross University's School
of Arts and Social Science.

**Children's activity 11am-3pm
Sunday 16 March**

Make Easter baskets with Anne
Stadler - Suitable for 3 years and
up, parental guidance essential.
No bookings required. Gold coin
donation is appreciated.

Creative Workshops including
Masterclass with Euan Macleod,
jewellery, nuno felting, printmaking,
fabric art, painting, Hebel stone
carving and life drawing. For de-
tails phone 6670 2790.

Local GetUp meeting at 11 am,
Sat 1st March, Uki (exact location
TBA). An informal meeting (BYO
picnic - all the family are wel-
come), it's a chance to get to know
each other and to set priorities for
local issues. This is the second
local GetUp meeting (the first was
held in Pottsville in December).
GetUp (getup.org.au) is an inde-
pendent, grass-roots community
advocacy organisation with more
members than all of Australia's
political parties combined.
Anyone interested please get in
touch (6679 7084 or
home@endlessvoid.com).

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Australia Day in Uki

Pictured (right) is Uki Citizen of the Year, Ida Daly flanked by Bob and Margaret Bulmer, Volunteers of the Year at the Australia Day awards at the Uki Sports Ground on 26/1/08.

Other awards on the day were:

- Junior Sportsperson - Daniel Sage, from the Uki Pythons, who toured the UK in 2007 with the representative team from the Far North Coast Football Federation.
- Young Achiever - Cheyenne O'Brien, who was part of the Australian cross-country team to tour the USA in 2007.
- Community Event of the Year - Uki Pythons Soccer Club for hosting the Far North Coast Junior Grand Finals at the Uki Sports Ground.
- Sporting Achievement - Uki Pythons Under 11 team, Premiers in their division for 2007.
- Winner of the Damper Competition - Barry Longland.



Photo by Barry Longland

Unfortunately, due to the very soggy condition of the Sports Ground, the usual games and activities were curtailed.

Congratulations to all the worthy award winners, and let's all hope for just a bit less rain and mud next year!

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UKI CTC AGM

5 February, 6pm, Uki Hall. All positions open to nominees. Get involved! Help the community. Phone or call in for a form.

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