

Women's Health Expo Huge Success



The large crowd in attendance at the Uki Hall for Women's Health Expo organised by Loueen Adams
Photo A.Grumley

By Irene Farrow

The Women's Health Expo held in Uki, was a great success. An interesting enjoyable and informative day for women of all ages. Many speakers gave lectures explaining women's current concerns with physical, emotional and spiritual health. Helpful suggestions were given on how to improve a

woman's health to create a more healthy and rewarding life. The Uki Hall was filled with beautifully decorated stalls, ranging from colourful crystals, healthy organic vegetables, organic skin care, physic readings, live blood analyses, colour therapy, Image and style this fantastic expo was enjoyed by all who attended.

Uki Locality Plan

By Philip Carr

After 12 months in the making, the two plans that will shape Uki's future are nearing completion. Council has received around 100 submissions from the public in response to the draft Uki Locality Plan and the draft Development Control Plan (DCP) for Uki Village, which were on public exhibition through May and June. Council planning staff and the City Plan consultants will now consider the comments made in the submissions before deciding whether to make changes to the draft plans. The Steering Committee is expected to have one

final meeting before the plans are put to the Council administrators for their consideration. Council planner, Eber Butron said that the large number of submissions received from residents of the Uki district was a very positive outcome. By way of comparison, the Cabarita DCP attracted about 30 submissions. The hot issue in the DCP is site densities in Uki Village with the draft allowing minimum size allotments of 450m² - and 250m² in parts of Main St. Council's Eber Butron can be contacted on 6670 2649.

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Uki Church Services

Mass at St Columba's
Catholic Church
1st Sunday each month 10am
Anglican Church
Holy Communion 1st and 3rd Sundays
Morning Prayer 2nd, 4th, 5th Sundays
all at 9am

Barry Longland, President of the Uki Residents Association, is away traveling.

Meanwhile, thank you to those people who took the time to write to the Association about the draft Uki Development Control Plan and the draft Uki Locality Plan. We received 41 submissions and these formed the basis for the Association's submission to Council. Comment was invited on a number of key issues and below is a very bald summary of the responses:

88% felt that 250m² allotment sizes in Main St would be too small.

97% felt that 450m² allotments sizes elsewhere in Uki would be too small.

50% felt that Uki should have an Energy Efficient Building Design rating better than the standard 3.5 stars. 28% preferred no change and 23% were unsure.

39% were in favour of speed bumps in Uki, 34% disagreed and 27% were undecided. Most agreed that some action needed to be taken.

The term multi-dwelling housing appears to be not well understood. 37% had no objection to multi-dwelling housing as long as they were:

- appropriate in design and size, or
- in a specific area only (eg suitable for the retired or elderly), or
- in the form of duplexes or semi-detached housing (as opposed to flats).

All responses opposed the notion of giving up the Hall park for a commercial 'town square' development.

Parking in Uki was generally a concern and many suggested the idea of using Uki School:

Part of the school grounds could be used for overflow parking

An onsite car park for school staff would free up Rowlands Creek Road for public parking.

83% felt that the Locality Plan should provide for riverbank protection

The responses were divided on the issue of whether the village boundary should be extended to include the hill behind the pub.

UKIRA is the Uki Village and Districts Residents Association Incorporated, a not-for-profit community organisation that provides a forum for residents to discuss and act upon local issues. You can contact President Barry Longland on 6679 5220. UKIRA MEETINGS are held the 1st Tuesday of each month in the Uki Hall at 7pm. Please come along to our next meetings Tuesday 5 July 3 August 2005, 6 September.

Editorial

Hello, and on behalf of the crew, welcome to the new look Uki News. Over the past few issues you would have noticed a few subtle changes in the presentation and content of your local paper.

In this issue, as well as the many regular contributors, we have had our roving reporter Millar and photographer Jess, out and about covering events and stories in the district to bring you several feature articles. Visually, you will notice many changes, but that is not the only major change...we are now entering the 21st century, issue 24 will be the first edition to go online, if you go to www.ukivillage.com.au, and follow the links you can see the Uki News in

full colour. In the last issue we mentioned a competition to change our name, thank you to all those who contributed suggestions, the staff here at the paper voted to narrow the choices down to a final five, which we will then put to the public to vote. The five finalists are.....

- The Uki Verse
 - The Wollumbin Sun / Star
 - The Mount Warning Star / Sun
 - The Uki Current Times
 - The Uki News, and a late contender
 - The Uki & South Arm News
- You can cast your vote by e-mailing us at info@tweedvalleyctc.com.au.

By Tony Grumley and Lindy Treasure

Address your email :Attn: Uki News name change, or alternatively you can cast a vote in our ballot box at the Uki Post Office.

Thanks to Alex at the Mount Warning Hotel for his continuing sponsorship, and to all our regular advertisers, without their support this publication would not be possible. Last but not least, a huge big thank you to Phil Carr the former editor and Tessa Martin (layout artist) of the Uki News. Phil and Tessa worked tirelessly for years resulting in this fantastic publication, we have today "the best read in the Tweed". Well done Phil and Tess and again thank you. Happy reading!

Who to contact

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Copy Deadline for Issue 25 is 12 September 2005, due out 3 October 2005.

Editorial, Advertising, Layout & Design: Tony Grumley and Lindy Treasure

Journalist: Millar Gronow Photographer: Jess Fuller Staff: The crew at Uki CTC

Ad. rates (inc GST): business card ad \$20, quarter page \$50, 1/2 page \$80, your insert \$50

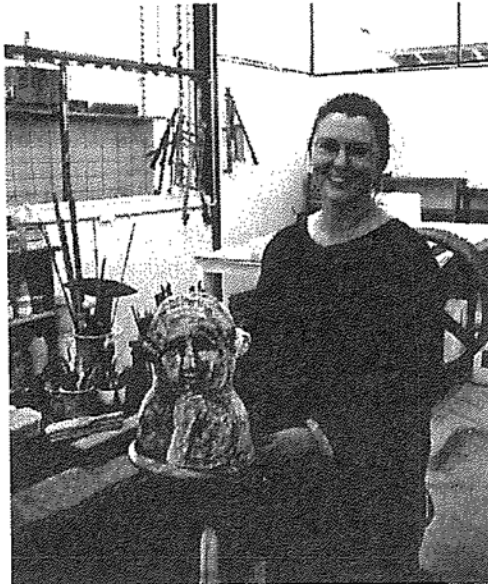
Uki O.O.S.H After Hours School Care 3-6pm Mon to Fri, 6679 5128

Precious Earth ...

By Millar Gronow

Opening soon at the buttery is a great new business, centred around the wonderful pottery work of Lisa Gair. Lisa and her partner Ross have a wonderful vision for their new venture. The business will feature a working pottery, and gallery, not just for Lisa's work, but for artists living in the area who maybe lacking exposure. Lisa will have various workshops running, where the public can come to participate and express their own artistic talents. Lisa says running a workshop and sharing knowledge is a great way for artists to gain recognition and make some money too. She hopes local artists will get involved by running workshops of their own and displaying their work in the gallery.

Lisa and Ross hope their pottery will encourage people to get into art projects of their own, saying art is



Lisa in her studio Photo Jess Fuller

very much like math- once you have been shown how to do it, it becomes easy. You don't have to be Picasso to

paint, you just have to pick up the paint brush and have a go. If you can't afford to buy a piece of pottery, you can come in and make one yourself!

Lisa has four kilns, one large and one small electric, one gas and a raku kiln.

Lisa has manufacturing jobs in casting so when people come to watch her work they can see the whole casting process from beginning to end, which, she says is more interesting than just wandering around a gallery.

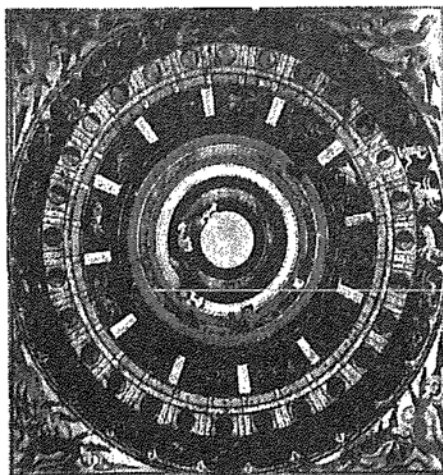
Lisa hopes to establish a network for artists living around Uki, enabling them to promote their work and gain recognition. Artists who display their work at the gallery will have a bio written for them, so that people who buy their work have a feel for who they are and understand the amazing creative energy that abounds all around Uki.

Astrological Insights

with Paola Emma

Let's begin this interpretation of the present cosmic patterns with the Leo New Moon day, August fifth (1.04 pm, local time), setting the stage for the coming cycle. Quite a contrasting picture opens this cycle: Sun and Moon, together with Jupiter, Neptune and the Moon's Nodes, are all involved in a planetary configuration known as "Mystical Rectangle". Past errors and ignorance could now become a wisdom light to guide us into the future ($2 \propto 8$). And our daily morality could get closer to true spiritual values ($2 \Delta \Psi$). This could be especially true for Libra, Aquarius, Gemini and also the Fire Signs. To challenge this, however, first Saturn then Mars have moved recently into Fixed Signs, generating a powerful tension between the need for action (the energy of Mars) and the will to maintain the status quo at any cost (Saturn in autocratic Leo, Mars in unyielding Taurus). This could be the cause of general frustration and the repression of dangerous resentments, due, soon or later, to come into the open with disruptive force (in particular affecting the Fixed Signs, Taurus, Leo,

Scorpio, Aquarius). This is also the beginning of an unusually lengthy transit of Mars in Taurus, lasting until mid-February 2006. Possibly a sign of increased seismic activities around the globe, also exaggerating the already intense clash of wills-ideologies, the



road to progress being blocked by views too conservative or rigid. The presence in the picture of Chiron (opposing Saturn and at right angle to Mars) seems to indicate the need for old pains to re-surface in the collective, holistic

healing becoming more than ever essential. At the Full Moon in Aquarius (August 20, 3.53 a.m.) Mars will be separating from the difficult angle to Saturn-Chiron, while advancing toward a critical aspect to Neptune (Ego desires conflicting with loftier aspirations and dreams). The tension of this conflict helping us to gain a clearer sense of what it is that binds us and what instead has the power to free us from unhappiness and want (critical days, August 18/30). On a lighter note, until August 17 Venus will be transiting Virgo, seeking to manifest as gracious and selfless service to others, caring for the Earth and all her creatures. This bright Earth's sister will then enter Libra, Sign of fairness, justice and romantic love, gently encouraging the collective mind to become more tolerant and loving. By early September (2) Venus will conjunct Jupiter, a positive yearly aspect, promising a time of harmony, good will, romance, pleasure, optimism and opportunities for many. Have a question about Astrology? Please email me at: fortunauki@yahoo.com.au

Uki Buttery Bazaar

Potters & Artisans Market

Sunday August 21st

During the weekend of 6&7 August, the Uki Sporting Horse Association will host around 500 competitors and their families from all over Australia for two days of competition in this year's Uki Campdraft. The event will be held at the Club's grounds on Rowlands Creek Road, Uki.

The main attraction will be the State of Origin event held on the Saturday afternoon. Can Queensland wrest the title from NSW? This year's event is the 20th anniversary of the State of Origin.

Visitors are invited to come along and watch. Admission is free. Food and drink is available, with catering provided by the club. The grounds take on a carnival atmosphere during the weekend as many families camp in horse trucks and floats. A dance will be held on the Saturday night.

Campdrafting probably began in rural Queensland in the early twentieth century. Drovers, in the need to select individual cattle from a mob and drive them to a separate holding area, required much skill and a quality horse to block the beast from instinctively returning to the mob. Over time, competitions developed, and so evolved this uniquely Australian sport.

Campdraft today is conducted in a set of yards attached to an arena. The competitor is required to "cut out" a beast from the yard, or "camp", follow it through an opened gate into the arena where the rider must guide the beast around a course of right and left hand turns and through a gate, all in less than a minute. A good campdrafter is not just a fine horseman, but has the skill

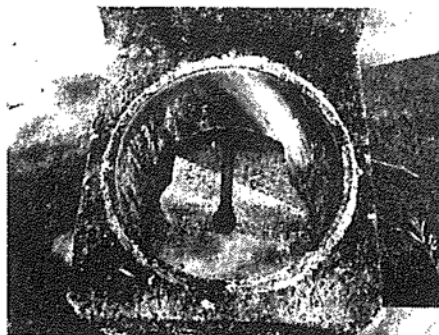
to select a suitable beast from the mob that will run well.

The Uki Sporting Horse Association started in 1974, using the late Penny Daly's land. After years of fund raising, the Club was eventually able to buy the land in the mid-eighties and hosted its first Uki Campdraft. The Association comprises a membership of at least 70 families across the Tweed.

Within the Uki Club, the sport has a very strong family focus, with the emphasis on teaching youngsters to ride properly.

For more information contact Kevin and Dot Walsh on 66777239.

Where Is It ?...



Guess where the mystery photo taken by local artist Lesley Gail is. It is something, somewhere in the village of Uki. First correct entry received will win a signed print of Anthony Grumley's sepia ink drawing of the unveiling of the memorial in Uki. You can drop your entry into the Uki C.T.C. or E-mail as at info@tweedvalleyctc.com.au Atten: What is it? The ink drawing may be seen on page 10 (Historical Society).

Kaye's Kitchen

By Kaye Wilson

Zucchini and Pecan Bread.

- 3 eggs
- 2 cups castor sugar
- 1 cup veg. oil
- 3 teaspoons vanilla essence.
- 2 cups grated zucchini
- 3 cups plain flour
- 1/4 teaspoon baking powder
- 1 teaspoon salt
- 1 teaspoon bicarbonate of soda
- 3 teaspoons cinnamon
- 1 cup chopped pecan nuts.

Butter and flour two loaf tins or deep muffin tins or a combination. Beat eggs until foaming add sugar vanilla and oil and beat until thick. Stir in grated zucchini.

Sift all dry ingredients. And fold into zucchini mixture with chopped pecans. Pour into prepared tins and bake in a 180 deg C oven for approx. 1 hour for the loaf tin or 25-30 min. for the deep muffin tins or until a skewer inserted in the bread comes out clean. remove from the oven, allow to sit in tins for 10 min. and then cool on a cake rack.

Slice and butter and serve with tea or coffee. (makes 2 loaves)


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Uki War Memorial was constructed in 1927, in memory of the servicemen who enlisted from the South Arm area during World War I. A Lismore firm by the name of Roberts & Davis built the structure. Charlie Milsom and Len Loder were responsible for organizing public donations to finance the project. The unveiling of the Memorial in 1927 was carried out by Mr. D C Marshall, Mrs. P Hall and Mr. V C Milsom. The World War II Plaque was added in 1952, and the Korea, Malaya and Vietnam Plaque was added in 1973 and unveiled by Sir Roden Cutler. The cycads growing on the Memorial grounds are descendant of those planted in 1927. In 1989 the sub-branch spent \$1,575.75 on repair and

retiling the column and steps of the Memorial. In 1993 a further sum of \$5845.00 was spent by the sub-branch to completely renovate the Memorial by: Paving the steps with granite. Replacing the overhead light on the column with ground level flood light Removing the overhead power supply to the column and replacing it with underground power to the light and clock. After completion of the renovations, Tweed Shire Council accepted responsibility for the maintenance of the Memorial and surrounding area. The Memorial was repainted by the council in July 2000 just prior to the sub-branch's 80th anniversary on the 7th August.

Uki Sub Branch RSL 85th Anniversary Sunday August 7th



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Letters to the Editor

Anybody wishing to write to The Editor, please Address your letter to : Uki News, A. Grumley
C/- PO Box 404 Uki, Email: info@tweedvalleyctc.com.au



To the editorial staff,

If you are looking for a new name for the Uki News my suggestion is: "The Uki" and "South Arm News".

Why? The name has to be self explanatory. The South Arm area as a name should be revived. All the sporting codes used to have South Arm in their club name. Also, it explains where we are on the Tweed River.

Thank you, Helena Duckworth.

Jeans for Genes Day. On Saturday August 6 at the UKI HALL Craft and Produce Market I will be fundraising for JEANS 4 GENES DAY in aid of research for Genetic disorders at CRMI-Children's Medical Research Institute, Westmead Hospital. I would like to encourage our wonderful

community to be a '*Star*' and wear *their jeans* and give a *donation* or *buy a badge*, at the market. (Friday August 5 is the official Star Studded day of Jean4Genes day). Funds raised from this event alone helps scientist at CMRI make many exciting discoveries and are constantly working on new findings. Looking forward to seeing everyone in their *jeans* on this day August 6....
Many Thanks Gwen Mapstone

Dob in a vandal.

I am incensed by the wilful damage done to our local parks either side of Uki. Some people seem to think that it's great fun to scream around the park on the grass and churn it up thus creating a lot of damage to the turf. A lot of local people have put in hours of

hard work creating this beautiful park for everybody to enjoy—not these yobbos to destroy!! I urge everybody, if you see any damage being done, even late at night, which is the time that these hoons get out, report it to the police.

A very concerned Uki resident—

Hilda Brulotte

School Pick up Care

It's 3.30/4pm and parents are picking up their kids from school. Please be wary of out of towners, racing through town, and people going in all directions in the Buttery parking area. As I write this, a fellow has just come off his motorcycle in the carpark. Lucky no one is hurt. Keep your eyes open and be especially alert at this time of day. We love our kids.

The Mac File ...

A weekend in the big smoke of Brisbane can do funny things to you. I started thinking about some of the signs we see in our lives. Take "Restroom". How many people actually rest in a restroom? What about "No Standing" zones. I even had images of people lying everywhere

We went to the art gallery as well. Amazing what passes for art. But what amused me was the attendants. They just wander around. What sort of a job is that. They just smile.

What a great flood we just had. I have three crossings to get home through so we sat tight I find fixing the road after a flood such an unsatisfying activity. I go down the road to the creek and get the gravel and bring it back up to my road, and then it all happens again. Sort of like snakes and ladders or continual facelifts

Does anyone else have mice in their house like I do? We use a trap that catches them live so then I have to drive them down the road to let them

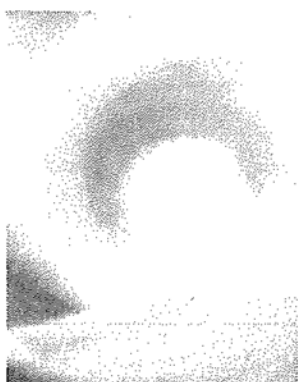
out. Twice we have caught two at once > It's like one was taking the other out to dinner. I wouldn't mind if they made no noise but I can't stand the rustling. My worst incident was taking a mouse out and forgetting to let it out. Finally just past Uki I remembered so I held the trap out the car door I thought I should check so held the trap upright and looked in. The mouse jumped out and hid under the passenger seat. Great!! When I got home I had to set the trap inside the car Please don't tell me it is just me. Till next time cheers

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AUGUST IS NATIONAL DE-SEXING MONTH

By Stephanie Wright

This initiative has been introduced by the National De-sexing network in conjunction with your local vet to encourage pet owners to de-sex their animals by offering bonuses on surgery booked during August. Most people are aware of the issues of unwanted puppies and kittens, and aggression in uncastrated male dogs. But did you know that there are also health risks for your unde-sexed animal? At our clinic within the last couple of weeks, we have seen pyometra in both a dog and a cat. Although extremely rare in cats, this life threatening disease is common in older unspeyed bitches. Reproductive hormones can cause progressive pathological changes in the uterine lining. This is a great place for an infection to occur when bacteria ascend from the vagina through the partially open cervix during oestrus (season). The result is literally a "pus filled" uterus or pyometra. Without an emergency ovariohysterectomy, (spey)



Photo Jess Fuller

antibiotics, and intensive care these animals can die. Unspeyed bitches are also at higher risk of mammary tumours (breast cancer). Entire male dogs are also at risk of disease of the prostate, testicles and perineal area. Cancer is common. Statistics show that more entire male dogs are injured in motor vehicle accidents, whilst wandering after bitches in heat.

As part of national de-sexing month, the Murwillumbah Veterinary Clinic is offering half price vaccinations OR free micro-chipping for all cats and dogs that are de-sexed during August. For more information, or to book your animal in for surgery, please phone us on (02) 6672 1919

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Asthma - The Natural approach ...

By Judith Magee

This increasingly common condition is where the small bronchial airways temporarily constrict, so that it is difficult to exhale, leading to breathlessness and wheezing. The symptoms of people with asthma differ greatly in frequency and severity.

Some of the common triggers for asthma include:

- **Inherited susceptibility**
- **Inhaled allergens** - Commonly inhaled allergens include the house-dust mite; animal fur, pollens, grasses; mould spores.
- **Irritant gases** - including cigarette smoke.
- **Ingested allergens** - foods; drugs, e.g. aspirin, colouring, food additives; yeast and moulds on food.
- **Infecting organisms** - either due to

the infection itself or an allergy to the organism.

- **Temperature changes** - especially cold air.
- **Exercise.**
- **Emotional stress.**
- **Hormonal changes.**

Chemicals.

Management approaches include:

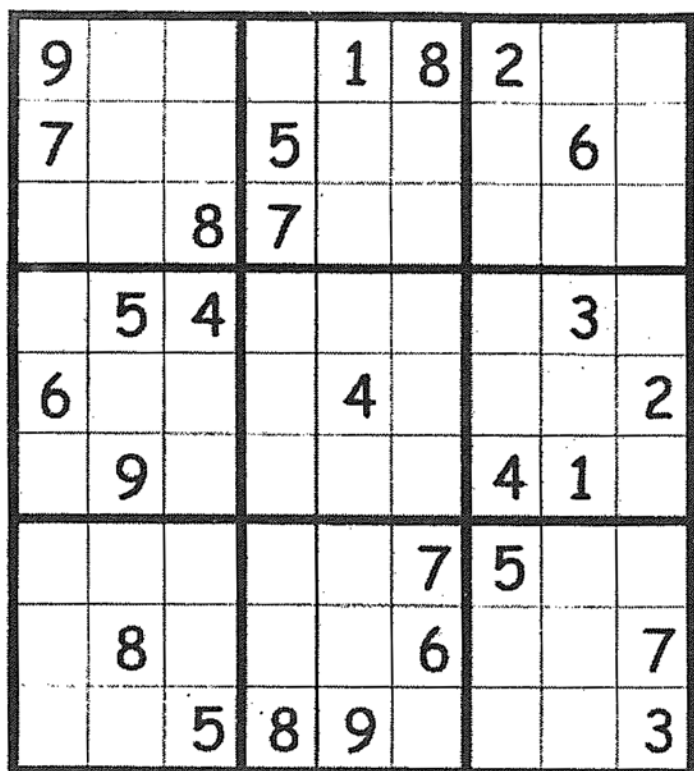
- **Strengthening the lungs** - through specific breathing exercises, or regular activities like walking, swimming, yoga, T'ai Chi, etc.
- **Identifying and addressing food sensitivities** - common ones include eggs, wheat, gluten and dairy.
- **Massage and other physical therapy.** This can be intensified with appropriate usage of essential oils.
- **General immune building** - via diet,

herbs, homoeopathics and supplements.

- **Increase omega-3 and omega-6 fatty acids:** vegetable, nut, seed oils, salmon, herring, mackerel, sardines, walnuts, flax seed oil, evening primrose oil, black currant oil. Take at least 1 Tbsp of one of the raw oils daily to minimize bronchial inflammation. Child friendly versions are also available.

Appropriate usage of herbs and homoeopathics to reduce acute episodes and strengthen the respiratory system and constitution in general.

It is definitely possible to improve general well being and the frequency and intensity of acute asthma episodes. As a consequence, often the quantity of drugs needing to be used can also be reduced. This process needs to be carefully managed - take a DEEP breath and consult your health professional!



Sudoku

The latest Japanese craze, sweeping the country.

The idea is, to have the complete set of numbers: 1-9 in each horizontal row, as well as each vertical column.

You also need to have the numbers 1-9 in each of the 9 squares.

Good Luck!

P.S. Stuck for answers for our prior crosswords? Check out the next issue to see solutions. Happy puzzling.



JUDITH MAGEE

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Red Cross Report



By Joy Armour

Annual Report 2004 - 2005

Everyone worked so hard raising funds for the Tsunami Appeal in January. We put Appeal tins in the Uki Post Office, Shop and at the Mt Burrell Store. Then Julie Hitchens asked us to do the Tea Stall at her Open Garden on the 8th & 9th of January. Friends as well as members worked very hard and supplied cooking for both days and we served countless cups of tea.

From our appeal tins and from the garden days, we were able to send \$7,643.35 to Sydney for the Tsunami Appeal. A great effort. Thank you Julie. Our Christmas appeal was \$1,889.50 and our winter Appeal \$1,773.95. We also sent \$200.00 to H.Q.

It was great to have some younger folk come and help on our appeal days. Without their help, we wouldn't be able to do the lunches, and we sincerely thank them.

I want to say a special thanks to our local business houses for their continued support of our appeal days, and to the people of South Arm and Uki district for their support. I think it is amazing for such a small community to help raise so much for charity.

A special thanks to all our members, and my fellow office bearers, our patrons and auditor.

Next year we will be 70 years old, so we'll have to have a special day to celebrate.

Happy High Herbs ...

Is a locally grown, successful business that has franchises locally and interstate.

Below is an example of one of their wonderful herbs for sale.

BLUE LOTUS NYMPHAEA CAERULEA

Ritual and Cultural Use:

Also known as Egyptian lotus or sacred Narcotic Lily of the Nile, this Blue Lotus was used in ancient Egypt. Perhaps one of the first herbal highs?! It was even represented in early Egyptian art. The flower was even found scattered over Tutankhamen's body when the Pharaoh's tomb was opened in 1922.

Effects:

A relaxed cannabis/opium like body stone. The mind remains clear but "zones out". It has half the dream state of opium and provides a deep sleep afterwards. It is therefore recommended at night before retiring.

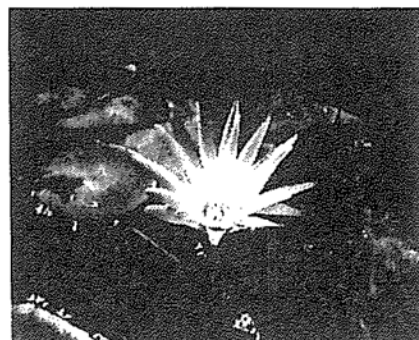
Ray's Rave:

I am drawn to the Blue Lotus, not only because of its pretty flower, but also because of its romantic link to Cleopatra (and of course the fact that it does have an effect!) The Blue Lotus can be used as a tea, or in alcohol, soaked as a tincture, smoked,

encapsulated or better still, soaked in wine before bed. Unfortunately you seem to have to smoke quite a bit of the herb to feel anything (perhaps a five times concentrate or bucket bong is required). A tea of the herb gives a mild cannabis like effect. However, the tea and/or smoke are both enhanced with the use of alcohol. The best method I found is to put about ten grams into a bottle of white wine (you can use a cheap wine as the Blue Lotus alters the flavor of your best!) and share a wine with a good friend or lover (beware your good friend could become your lover)! You seem to get drunker, more giggly and very relaxed on this brew. Whatever, you sleep well afterwards.

Precautions:

Blue Lotus is reportedly safe and non addictive. However it is recommended that you do not drive or operate machinery after imbibing the alcohol and Blue Lotus concoction.



MANY THANKS LES AND KAY WILSON!

Les and Kay Wilson are pictured here exercising their green thumbs at the Uki Primary school. The Wilsons live locally and are active in the Uki Gardening Club. Les and Kay generously donated their time to clean up the front section of grounds at the school. After much pruning, weeding, mulching, sweeping and guernying, the school now presents a lovely tidy face

to the main street of Uki.

Volunteers are the back bone of our community and their work is hugely appreciated.



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It is great news that the Senior Curator has been appointed to guide the Combined Tweed Valley Historical Societies. The successful applicant is Sally Watterson who has recently been working on the National Parks concept at Byron Bay. Her other credentials include the Byron Bay Headland trust, Consultation and investigative planning, time at the National Museum, volunteering overseas and setting up the Mongolian Museum in Mongolia. The presidents of the three Historical Societies and the director will meet with the new Senior Curator for a working lunch as way of introduction. So now it's busy, busy, busy. The new bridge at Byangum faced its first real test with great success coping with the heavy rains at the end of June. Thanks to Libby Varela and Mollie Butler, and

Uki Weather Report

Well, we did have an unusually wet June, as I predicted - though I failed to foresee that drenching downpour at the end of the month. June rainfall was 434 mm, more than six times the average, which made up for this year's dry February and March. We are now back on track for an average rainfall this year. We also had a lot of light showers in the early part of June with cloudy skies that kept temperatures down. We had fewer than normal of those bright sunny days that are such a pleasure, but cloudy skies also kept the night temperatures up, so we had less frost than usual. July also saw a lot of light showers at the start of the month, though we then had a bit of a break and some pleasant sunny days. There were several periods of

By Helena Duckworth
the Daily News staff, we have been promised a photo of the river and the bridge at the height of the flood taken from the town side.

Well, Dear Reader, that's all the news. Our dedicated little group meets on the second Saturday of the month in our office at Norco Lane at 10am. MaryLee Connery, our archivist, is at the office on Fridays. Phone No. 66 79 5890.

We are a group of Grumpy Old Women - NOT! We are happy and sociable and we really need some new members. Join us and boost the history keeping of the South Arm alive.

P.S. In years past, western parts of the Tweed Shire whose residents felt they were neglected with road maintenance etc. often referred to living in outer Mongolia. Contact Helena on 66 79 9121

By Anita Morton

unusually strong winds in the middle of the month - the sort of thing we normally get in September. To time of writing, the latter part of the month was showery also. The rainfall up to 25 July totaled 51.5mm, which is about average - I expect we will have a few more rainy days before the end of the month, which will bring it up above average, but still lower than my prediction of 90mm. I believe that we will have a wetter than average winter into spring period. I expect that August will see rainfall of about 60mm spread over many days of light showers. In September, I expect it to start drying out a bit - perhaps 30 mm of rain overall - and watch out for more strong winds.

I Remember...

By Mary Roberts

Life During the War

I remember life during the War. Other than rationing and shortages of petrol, cigarettes and chocolate and the inconvenience of having blinkered car lights, (it being difficult to see stray cattle in Uki fogs) life went on pretty much as before.

Of course most things were rationed and required coupons to purchase, tea, butter, sugar clothing etc. Those who had a surplus of perhaps sugar, would swap for tea or the like. Everyone chipped in to help out.

When the local lads joined up, a dance would be held to say farewell and they would be presented with a gift along with the community good wishes.

There was always a dance somewhere in the area to go to and no shortage of dance partners either. The Catholic Hall in Murwillumbah held a Friday night dance, and the bus would run to this; and on Saturday we could go to the "pictures" (not movies then) and have supper afterwards at the Austral Cafe.

As the war progressed, soldiers who needed care, were taken to a camp at Currumbin and given what we now call R&R. This was run by the Red Cross and had an officer in charge, who would ring up and ask could we accommodate a truck load of boys for the afternoon and an evening meal, then on to the dance. Of course we could. After the dance, the truck would take them back to camp. On the serious side however, we used to have first aid classes in the hall, called National Emergency Service, or NES., where we learned to do resuscitation and how to splint broken bones, and how to bandage correctly too. Luckily we did not get to use these "skills". However, we did receive a certificate to qualify us as competent to do so.

This village life proceeded almost uninterrupted right through the war. This was a good place to be then as it is today.

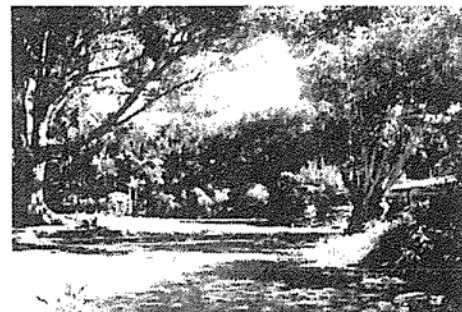
Landcare... September, Camphor Laurel workshop

By Janet Townsend

The second Camphor Laurel Control workshop for this year will be held at Stokers Siding from 9.15am (sharp!) on Sunday 11 September. These popular workshops are aimed at people worried by the proliferation of Camphors on their properties but feeling at a loss as to where to begin the culling process. With the excellent tutors we have demonstrating control techniques, workshop participants have gone home feeling confident they can efficiently kill a Camphor. However, the main emphasis in these workshops is on a well thought out, sensitive approach to control. Obviously, we need to be culling our Camphors at a rate greater than their rate of spread. But we need to

realise that they now undeniably play an important part in Northern Rivers ecosystems in the way of food and habitat for wildlife and canopy cover for young native species. Therefore control needs to be carried out at a rate where native bush moves in smoothly in the place of the Camphors (as against a mass of new weeds which you can get if you kill a thick stand of Camphors all at once). This means a long-term plan of Camphor control tailored to the size of your property and degree of Camphor infestation needs to be worked out. At the workshop we'll talk about how to do this and also to set yourself short-term goals to get a constant sense of achievement as you work your long-term

plan (which may span 15 or 20 years if you have a large property badly infested). If you are a landowner wanting help in getting started on a Camphor control programme, this workshop is for you! Ring Janet at 6677 9326 to book and to get more details as to venue, etc.



Tweed Valley Birdwatchers ...

By Doug Davidson

White Faced Heron - *Egretta novachollandiae* - 66-70 cm. Span 1.06 m.

This heron should be familiar to all, as it is the one we see more often beside the road, in gutters or sitting on fence posts. It is pale grey with a white face and yellow legs. The immature are pale grey, only throat is white. Voice: described as gobbling, gravelly croaking uttered mostly while flying or at the nest. When alarmed utters a loud croak. The heron is often seen stalking about in shallow water, occasionally shooting a long neck out to catch unwary prey in a stout, straight bill. Herons have a special hinge mechanism at the sixth vertebra which allows them to extend the neck in this way. They also have in common with egrets and bitterns, tufts of fragile feathers



called powder down in various parts of the body. These feathers produce a powder which the heron cleans fish slime off its two tone grey plumage. White faced herons eat many kinds of

small animals including crustaceans, fish, amphibians & occasionally reptiles & birds. When mice and grasshoppers are in plague proportions the white faced heron thrives. These birds forage in many different habitats including lake & ocean shores, river banks, beside farm dams, in wet or ploughed fields & on offshore reefs. White faced herons, like other herons, fly with their neck folded, with the head held close to the body with the legs trailing behind. The adults have long nuptial plumes, grey on black, chestnut on breast, naked green-yellow skin in front of eye and bill, black..

The next **Lifeline Clothing Sale** will be held at the Uki Hall on Thursday 1 September 2005 between 8:30am and 1:00pm. Morning tea and lunch will be available.

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Friday 1st of July 2005 ...

By Lauren Young

Good morning and welcome to the start of a new financial year!

Please put on your seatbelts, sit back and relax. If you look to the left of you, you will find "Little Johnny's World." In there you will be subjected to hard manual labour, to reap the rewards of longer hours, less pay and unfair dismissal- a time where holidays are a thing of the past. Sound tempting?

To your right, you will see your bright future of being 75 years old. Don't get excited yet because you are only just getting ready to retire. Why?? Because your "old timers" disease is getting worse. The good side of this is you often forget that your years of working for superannuation has finally

enabled you to have an allowance (as such) of \$100 a day. Yippee!!? Not really, because by then you're lucky if that will buy your bread and milk and depends! But wait, there's more! To the front, you will notice that you're now 80 years old. It's raining lightly outside, but somehow you manage to keep dry in your nice cosy cardboard house- after all, it's all you could afford! As you sit back, you try to remember the life you once had. A time when you were happy. When the nuclear war which took your partner from you was light years away. A time before your kids looked at you and cried why, why, did you bring me here to see this? How could some one be so cruel? A time before the first of July 2005.

Doin' Time For Bob ...

By Lindy Treasure

On a cool June evening, not far off the equinox, the air hummed in a paddock not far from Uki.....fire, friends, music, community. The spirit was there and so were the people. From near and far, friends, musicians, and those who just wanted to help, joined the celebration which was just plain warm hearted community spirit.

Doin' time for Bob was a musical and cultural gathering to help raise money for the Hodgkins families legal fees and music lessons. Anyone who knows them realises that they are all a special brand of people. Talented, warm and generous.

Monies consequently raised paid for the court appeal and the party costs, with some left over for tuition fees.

Bob still waits in jail. Visited by the family on the weekends.

Life is crooked sometimes.

Others have recently received far less convictions for much worse offences. Only weeks after Bobs excessive conviction, for victimless traffic fines, a person fronted court up at Tweed Heads for his umpteenth charge of drink driving. This person received a three month non-parole period **only** as part of his sentence! It's wrong....the injustice of the legal system has seen Bob 'put away' from his family and friends for way too long, Mitzi carries on. Five kids plus the baby in tow. Mums taxi to piano, tap & all the rest.

Mitzi would like to send a really big thank you to everyone who helped with the party and all others who have been so kind and helpful.. "The community spirit around Uki" she says "is incredible".

It's true, it is one of the great things about this area we live in ...the people. Great stuff South Armers !!!

Why Uki ?

Uki acts as a magnet, drawing people from all over Australia and overseas to come and live in this beautiful place. Here are some of the things that attracted a few residents to the village and surrounding area.

"I'd been looking for a country property for several years without finding anything suitable and had just about given up my search when an acquaintance mentioned I should take a look at Uki. As soon as I saw it I knew this was where I wanted to live." Julia Hancock

"Friendly locals." Hui White

"I met my partner and he lived here." Adrielle Lansdown

"I was attracted by the greenness of the Tweed Valley." Dianne Angus

"We felt this was the right place to be. We were drawn by the energy of the area and the ruralness, yet it's close to the facilities of Murwillumbah." Liz Hans

"I was born here and I'm not leaving." Joy Armour

"The peace and tranquillity when you are in the mountains and the greenness." Kaye Wilson

"Sydney is good but Uki is better." David Stratton

"The vibrant community, gorgeous surroundings and good climate." Justine Stratton

"I used to drive through Uki and thought it was just so gorgeous. I said to myself 'I'm going to live here one day.' There's such a lovely earthy feel to the place." Paula Vermunt



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Golden Silky Oak - *grevillea robusta* ...

By Margaret Bailey

Golden Silky Oaks are one of the spectacular flowering trees of the district, with their masses of deep gold flowers from late August through to early December. There are several near our house and during the flowering season they appear to be bird paradise. Flocks of Spangled Drongos, with their forked tails and gleaming black plumage, Honeyeaters, Parrots and Rosellas of various sorts are constantly busy in the trees chattering and calling to each other, while Black Cockatoos drop in from time to time.

Golden Silky Oaks are not trees for the small back yard, as they grow to 35 metres and very quickly too, but on a larger block where they can be used as a focal point or in an avenue planting they provide a striking feature. For a stunning effect plant Jacarandas near by, as the combination of purple and gold is quite magnificent. In earlier times the timber was used for furniture, such as bookcases and desks, and is still much prized by cabinetmakers today, as it is a



beautifully grained honey coloured wood. We are putting Silky Oaks into our mixed species timber lots, but we have found that provenance is critical. Seedling trees that we bought in from outside did poorly. Fortunately Golden Silky Oaks seed very freely, with masses of light, wind borne seeds, and we find seedling Golden Silky Oaks popping up all over the place. So now we carefully pot these up and they shoot away with no problems.

So look out for Golden Silky Oaks as they will be flowering soon, and, if you have enough space, put one, or some, in.

A Tale of Two Pots ...

An elderly Chinese woman had two large pots, each hung on the ends of a pole, which she carried across her neck. One of the pots had a crack in it, while the other pot was perfect and always delivered a full portion of water. At the end of the long walk from the stream to the house, the cracked pot arrived only half full. For a full two years this went on daily, with the woman bringing home only one and a half pots of water. Of course, the perfect pot was proud of its accomplishments. But the poor cracked pot was ashamed of its own imperfection, and miserable that it could only do half of what it had been made to do. After 2 years of what it perceived

to be bitter failure, it spoke to the woman one day by the stream. "I am ashamed of myself, because this crack in my side causes water to leak out all the way back to your house." The old woman smiled, "Did you notice that there are flowers on your side of the path, but not on the other pot's side? That's because I have always known about your flaw, so I planted flower seeds on your side of the path, and every day while we walk back, you water them. For two years I have been able to pick these beautiful flowers to decorate the table. Without you being just the way you are, there would not be this beauty to grace the



RSL Report

By Ray Blissett

There are three important dates for the sub-branch during August.

1. On Sunday the 7th of August, the sub-branch will celebrate its 85th birthday. A wreath laying service will be held at the War Memorial at 11am. Afterward, we will go to the Murwillumbah Bowls Club for a luncheon.

2. On Monday the 15th of August, the sub-branch will join with the Murwillumbah sub-branch to commemorate the 60th anniversary of the end of World War II. Full details will be advised by the Murwillumbah sub-branch in the local media.

On the 18th of August, local Vietnam Veterans will commemorate the 39th anniversary of The Battle of Long Tan.

For information regarding these events please contact 66 795 250

Ray Blissett

Hon. Secretary

house." Each of us has our own unique flaw - it is part of who we are. And it's the cracks and flaws we each have that make our lives together so very interesting and rewarding. So to my crackpot friends, have a great day and remember to rejoice in the flowers that bloom because of who you are.

Love Jennie

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Uki Growers Market Happenings...

By Thali Bower-Williams



The farmer's market continues to offer you the freshest organic and near-organic food "to die-for" every Saturday between 8am and noonish.

The market is experiencing a temporarily but uncomfortably extended ebb at the moment. With Tony's goats pregnant and Shakshi's cows seasonally low on milk, it means we miss out on their exquisite dairy products. The newly opened Murwillumbah fortnightly Saturday market had also tempted some stall-holders away, as customer numbers at Uki have been down. On the plus side, Debbie Hodge has come aboard with unbelievably good, sweet, baked temptations.

Like all the current stall-holders, she believes passionately in the market, and loves this community and wants to see them both flourish. It is

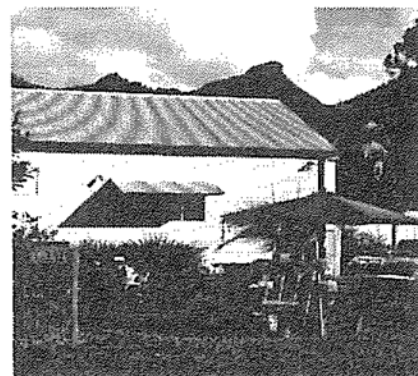
disappointing to have this fine produce on our doorstep and watch the market shrink recently, in part due to lower customer attendance. I was in Coles the other day and dismayed to find the whole Health food section temporarily decimated. It then occurred to me how much power we give to the large supermarket chains to determine what types of food we have access to. In the interest of "cheap prices" many are increasingly turning to overseas growers and manufacturers to fill shelves. Where does that leave our farmers? Farmers markets remain the most direct and positive way to support our producers, particularly fledgling ones who have little access to, and chance of getting a fair price from our largely

corporatised retail food industry.

So do your health and your community a favour and support your local market and tell the stall-holders

what you want if it ain't there. Because without "U" and the "UNITY" of our COMM-U-UNITY behind the market, a wonderfully positive and creative expression of our village may flounder and be lost.

Contact: Thali Bower-Williams
66797370.



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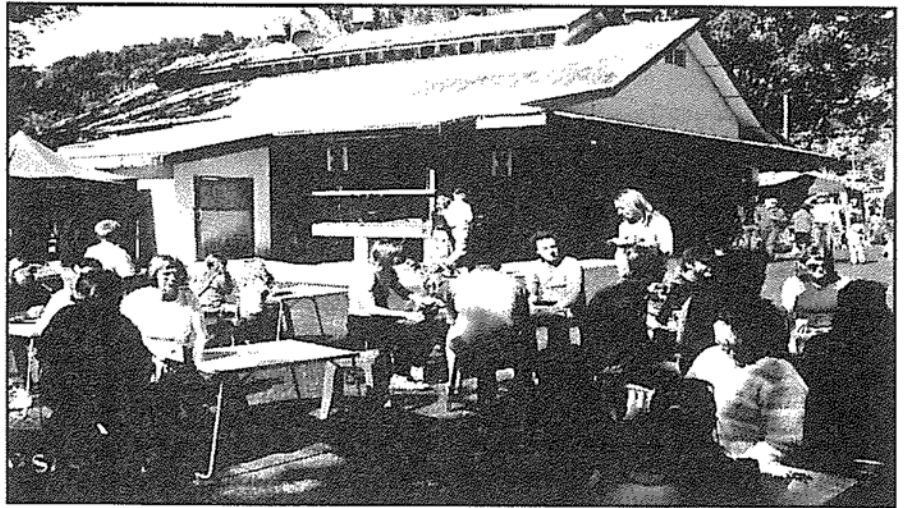
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They're all Hippies Out There ...

By Irene Farrow

Visiting folk, calling into our fair and historic village of Uki, relayed this quote after being given directions from Murwillumbah. "They're all Hippies out there." I always wondered, after being called a hippy myself many times by my teenage son. Who or what is a hippy? Is it a retired citizen with a hip replacement? Maybe it's someone who wears hipster jeans, or someone who has long hair? Has anybody seen one in the district recently? Historically, they are reported to have first been seen around 1974, at a small event, held in a then quiet dairying town called Nimbin. Apparently these hippies swarmed the place, bringing new ideas and different ways of doing things. Some say this was good, others say it was not so good. Many stayed. Some left, then returned later to set up camp in the area. I looked for any hippies living in our isolated rural area. Living along our road I found artists, nurses, psychologists, farmers,



graziers, naturopaths and horse trainers but I could not find one hippy. Macquarie dictionary states a hippy or hippie is "someone who rejects traditional society to live according to ideas of universal love or union with nature." I think these hippies have evolved to another species. But it's plain for all to see why they want to live in our

beautiful Tweed Valley. With its stunning mountains, rivers and creeks and community of creative and diverse people. Where are these hippies hiding? Maybe you are one and don't know it! If you can't wait to get out of the big smoke and want to live in a caring community and enjoy nature you may qualify.

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Pulse Dancing ... By Hamilton

On Thursday mornings, the Uki hall turns into a dance haven with Pulse dance. Growing numbers of people have been dancing it out to a wide mix of worldly music, finding release and self expression through moving freely. PULSE is led by local performance artist and teacher Hamilton Barnett. Hamilton creates an accepting and safe space, delivering a series of exercises and points of inspiration for anybody of any age, body type or fitness level to enjoy and celebrate their own unique

way of moving. If you walk into the hall, you may find a number of smiling people shaking, swaying, stomping and turning as they bask in the freedom that PULSE creates. According to Hamilton, it's a great way to really dance, reconnect with yourself and with members of the community. It's time out from the mundane to really be yourself, free from any pressures. "Sometimes people come to PULSE and feel quite shy or nervous, but after about 15 minutes, it's gone. They come the next week and dance like

a totally new and wild person. It's great" says Hamilton. PULSE starts up for term 3 on the 18th of August. Classes will run from 10am to 12 noon at the Uki hall. The cost is \$15 per session or \$70 if you enrol for the whole six week course. PULSE also happens on Monday nights at the Starlight Hall in Murwillumbah, 6pm to 8pm, starting on August 15th.

For information or to book your class, please phone Hamilton on: 6679 5534



Recently King Marong, who hails from Gambia, held a drum workshop in Uki. Here he is pictured with our local soccer star, who also comes from Gambia, Babs.

Goddess' Gathering Ground...

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Uki Pythons Home Games

August:

Saturday 6th:		Saturday 13th:	
Under 9's	8.3	Under 8's	8.30
Under 10's	8.3	Under 10's	8.30
Mens reserve	1.00	Mens reserve	1.00
Mens A Grade	3.00	Mens A Grade	3.00
Womens	5.00	Womens	5.00
Saturday 20th:		Saturday 27th:	
Under 9's	8.3	Under 8's	8.30
Under 10's	8.3	Under 10's	8.30
Mens reserve	1.00	Mens reserve	1.00
Mens A Grade	3.00	Mens A Grade	3.00
Womens	5.00	Womens	5.00

Uki Hall Events Schedule

What's On

Monday	- 9.30am - 11am	YOGA
Tuesday	- 10am - 3.30pm	CARDS
Wed	- 8.30am - 10am	YOGA
Wed	- 3pm - 4pm	KIDS DANCING
Thursday	- 10am - 12pm	PULSE/MODERN DANCE
Thursday	- 3pm - 5pm	BELLY DANCING
Thursday	- 5.30pm - 7 pm	YOGA
Thursday	- 7.30pm	INDOOR BOWLS
Saturday Morning	-	PRODUCE MARKET

Enquiries Janeke 66797163

Buttery Bazaar ...

By Lindy Treasure

A little girl and her ferret, a man with his parrot, the guy with the bull, guest speakers, music galore, tap dancing, ragtime, tourists, locals, ice creams, trash & treasure, plants, colour and a whole lot of wonderful community spirit - are just some of the aspects

that IS the BATTERY Bazaar ! Sounds colour and good times.

This issue features one of the long term BATTERY "loyals" -

HOT & SPICY



This colourful food van sells yummy vegetarian samosas, chips and drinks. Anadi, Jamuna and Lola have been serving tucker to the locals at the Uki Sunday Market since 1991 - 14

years of loyal BATTERY Bazaar service. They are devotionally based, with profits supporting Sri Govinda dham, (a local meditation centre).

Thank You Hot & Spicy, you're great.

Potters & Artisans

Sunday August 21st will see the Banora Point Potters at the Uki Bazaar displaying their wares. Other ceramic stalls will have some lovely work on offer as well as other local artisans and painters with work for sale. Come along and check out some of our local talent. Tony Grumley will be painting his performance art pieces with the accompanying music of Jonathon and Lauren, in a creative medley of harmonious media. This will truly be a market for artistic expression on all fronts. Come along, participate, buy or simply appreciate and enjoy!

August competition—open to all, paint a scene from the BATTERY Bazaar. (A4 sized).

September Spring Fair

Sunflowers, happy days and healthy growing plants. We are all out and about, enjoying the spring sunshine this September. Come along—break out of those winter hibernation blues and enjoy a great BATTERY Bazaar Sunday. Sept. 18th. There'll be extra kids activities happening on the day.

Septembers Kids Competition is:-
A colourful fresh posie of flowers

Firies fundraise at Kunghur Ball ...

The girls from the Kunghur Fire Brigade did a great job at the Kunghur Ball, catering for the evening crowd. They would like to thank Yvonne Coveney, James Collins, Des Cecil and the Sphinx Rock Café for their generous donations for the raffle prizes. Funds raised are going towards the extension to the local fire shed. Reminder for next training nights: Thursday 4th August and Sunday 4th September. Pictured left to right is Val Bell, Bebe Bateman, Gloria O'Brien, Margo Alexander and Helena Duckworth. Great work girls!!



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Handmade in Uki



Come on local artists and craftspeople!! Here is a chance to help promote Uki as a centre for quality art and craft! We are looking for good handcrafted articles to carry the 'Handmade in Uki' label to be sold at the Visitor Information Centre at the Butter Factory. This is a fantastic opportunity for all artists and craftspeople in and around Uki to market your wonderful wares to the public. I'm surprised someone hasn't already come up with some local 'pieces' to sell to the many tourists who come through Uki every week, asking "Do you have something with Mt Warning on it, we'd love to take a piece of Uki home"? It doesn't HAVE to be Mt Warning specifically, just something created locally. Would you like to promote your product or business? If you are interested, or if you would like some labels, call in to see Hilda at the Centre on Mondays, or phone Hilda on 6679 5334 or the CTC on 6679 5399.

Tweed River Art Gallery ...

ON EXHIBITION UNTIL SUNDAY 28 AUGUST

Open to the public - Wednesday to Sunday 10am - 5pm Ph: 6670 2790

CPM National Print Awards

Community Printmakers Murwillumbah (CPM) is a not-for-profit, artist-run organization that has been operating for 15 years. CPM established the *National Print Awards* to excite the culture of printmaking by encouraging the development of vision in artists and thoughtful viewing by the public. On 24 July visitors to the Gallery were excited to hear Julian Burnside QC deliver an address "Artist and Ethos", and watch as Mike Parr - acclaimed Printmaker and Performance Artist and Judge of this year's Awards, announced the winners of \$8000 in prize money, selected from approximately 180 entries.

Collaboration

Although *Collaboration* is the 44th exhibition of work by the Sydney Printmakers, it is the first time that they have created prints in collaboration with others. The aim of this project was to extend artistic practices within the group. To allow someone else to participate in one's creative process can be a risk. It takes courage and understanding to transcend one's individual artistic identity.

The Creek Series

- Gordon Bain

This series of paintings, based on the creek near Bain's home at Stokers Siding, are sensual images that offer the viewer a reflective and contemplative space. Several layers are washed and scraped back until they are barely legible then fresh motifs are laid over the traces, past and present are woven to create a visual "world of water".

FREE PUBLIC PROGRAMS

Sunday 7 August - 11am to 4pm

Visiting Korean artist Chang Han Kim takes up residence in the Gallery foyer.

Sunday 14 August - 10am to 4pm

10am-1pm Michael Baartz works with the tactile technique of the woodcut

1pm-4pm Peter Schardin explores the technique of multicoloured etchings

Sunday 14 August - 2pm

Gordon Bain discusses *The Creek Series*, the subjective nature of memory and water..

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The Big Day In - Winter Fest ...

By Lindy Treasure

Saturday August 6th Midday -Midnight at "The Big A" (8 Kms west of Uki on the right)

Bands Galore, including Utopians with Phil Emmanuel making a guest appearance, James T (ex canned heat), Ray Hoffman of Johnny O'keefe fame, Jezebel fortune and heaps more. It's a benefit concert, a 'Day For all'. Lots of fun for the kids, including sack races, egg & spoon races, face painting and more. There'll be some market stalls, raffles for really good prizes drawn on the day, and Michael Parker will be there from the Grainery as auctioneer, to sell a whole lot of his grainery gear. Tickets are only \$10 and available at the Music Shop in town and the Uki CTC.

Come along and support this worthy cause! What cause? You may ask. The money will be going to local resident Karin Pearce, who, in June, suffered a

massive heart attack along with an aneurism. Karin was taken to Tweed Hospital in the ambulance and then transferred up to Southport due to the complexity of her problems. Karin was in a coma. Later that night, neighbours noticed flames coming from Karins home. The firebrigade was called but unfortunately arrived too late. Everything was lost. The morning mist revealed only $\frac{1}{2}$ a piece of tin left smouldering amongst the ruin. The doctors were giving Karin only a 5% chance of survival. They had found another two aneurisms. Karin remained in a coma for four tenuous days with friends and family "putting out" all the love and prayers they could muster. Finally Karin fantastically came to. She needed an operation fast but her heart

needed to stabilize before they could transfer her to Brisbane. After a few more days, she received the operation she needed and it was only THEN that she learned of the fire devastation that had consumed her home.

Karin is back in the Tweed now, staying with friends but she needs two more operations. It will be a long road ahead to a full recovery and a trying time getting her life back together again. Karin has two boys who were living with her at the time, and needs to find some solidarity, peace and harmony in her life to gain the health she needs for recovery.

Come along to ' The Big Day In - Winter Fest' Enjoy the day and enjoy the feeling that you are helping a local in need.

Uki Pythons Soccer Club ...

Was formed 12 years ago and has become well established in the Tweed and Lismore district competitions. This year we are fielding teams in ages 7,8,9,10,12,13 and 14 as well as men's A grade, Reserve grade and open women's.

The club is run by volunteers and enjoys the sponsorship of many varied Uki businesses. The strong support and cooperation of Uki sport and recreation club Inc provides the Pythons with arguably the best home ground facilities in the district, with refreshments for all and a great family ambience.

Come and sample the delights of 'The Snake Pit. This season of soccer has been a promising and exciting season for me. We have a lot of teams who are showing *real* potential to win a Grand Final this year! There have been some

big wins this year amongst the teams.

Last week I got to see our Men's 1st Grade beat Saints on *their* turf! That was good. As it happened Saints *were* on top of the ladder, I don't know if they still are?! It was a tough contest with the Uki Pythons having to maintain their 1-nil lead scored from a goal minutes after kick-off. From that moment the pressure was on, but Uki was cool to the end and claimed another victory.

At the beginning of this season we had 140 players register with the Uki Soccer Club, a significant jump from 120 last year. The Club has had new players and coaches bring with them a wealth of experiences from other clubs, complimenting the many outstanding players who have been loyal to the Uki Club.

Something I have heard regularly from players who have to travel long distances for training and matches is they still prefer to be part of the Uki Club. Some players have offers from other clubs. But I think the Uki Soccer Club offers some top competition. Whether that's on the field or just having a good time being social on a Saturday, it's a hard one to beat.

Check out the draw and mark your calendar because you're very welcome to come on down for the home games at the Uki Sports and Recreation Club [plenty of refreshments available] or, come along to any of the games we play away. You don't have to play soccer but I'm sure you'll have a good time! Only 7 more rounds to go!



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RAFFLE:

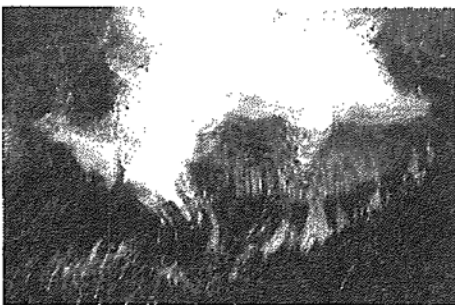
Please call into the CTC and check out the superb painting we are raffling to raise funds for CTC@Uki.

The painting (pictured below) is an original, painted and kindly donated by Ms Lesley Gail, local artist and long term supporter and volunteer of CTC@Uki. Titled "cane fire" the colours leap off the canvas. You can almost feel the heat from the flickering flames and conjure up the scent of the rich sweet smoke as the cane field burns.

Tickets are a mere \$2 each or you can purchase 3 for \$5.

Measuring 1.5x1m, the painting will make a stunning addition to the home of the lucky winner.

Please show your support for your local CTC by purchasing a ticket today.



Digital Camera Workshops

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Lesley Gail.



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- digital manipulation in Photoshop and emailing pictures
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If ever you've thought about learning more about your camera, and its capabilities, now is the time to take advantage of this great offer.

Please phone the CTC to book.

THANK YOU

PETER NEWELL!

Peter Newell provided and set up the original equipment and our network when the CTC first started in its original premises in the Uki main street. He was a great help when it came to configuring our ADSL connection and sorted out our recent network problems. He was very generous with his time and has always been very helpful and supportive when we have needed assistance.

We promised him some free advertising as a thankyou and he suggested something in our own words rather than just off his card.

Our CTC recommends Peter Newell (Vamdeen P/L) for excellent value and computer support.

Peter helped us out whenever we have had problems we couldn't fix. We greatly appreciate the time and effort he has put in at such a reasonable cost to the CTC.

He is skilled in home and office systems, broadband, website and database design, networking and all sorts of internet security. He also offers excellent on-site training.

Peter can be contacted on (02) 6672 6172, at 22 Ewing Street Murwillumbah, www.auscode.com or email peternewell@auscode.com

LOCAL VOLUNTEER NEEDED

Is anyone out there interested in manning our VIC (visitor information centre) on Sunday's?? This is an easy and enjoyable job, greeting tourists and locals and telling them all about our beautiful part of the world. The VIC is an important service for the village as it encourages people to stop in town and then perhaps spend a dollar. Even if you can only spare a few hours or only one day a month., we could look at creating a Sunday rotating roster. Contact CTC@Uki.

UKI VILLAGE WEBSITE:

By Millar Gronow

CTC@Uki is currently in the process of putting together a website to advertise and promote the virtues of our magnificently wonderful heritage village.

The site will house a home page with links to pages that offer information on all aspects of village life. There will be approximately 20 community pages. These pages provide information about community services available in the village, such as Buttery Bazaar markets, the hall, RSL sub branch, education facilities sporting facilities, Ukira, Landcare, etc.

Business people in the area are invited to buy a page to advertise their products and services. These pages can contain what ever information you wish to include and our photographers can take photo's to accompany this info.

The site will contain an events calendar, daily weather updates, plus information on accommodation, eco tourism, national parks, flora, fauna and maps of the district.

This website will provide a true to life glimpse of Uki, it's people and services at the touch of a button, anywhere in the world.

We will be staging a launch party in mid September. We envisage a wonderful afternoon of food and music. We will have a powerpoint presentation in the hall to demonstrate the website to interested parties and potential clients. Cheese and wine will accompany the presentation.

Outside in the park, there will be a barbeque and eclectic live music.

Jim, our "green santa" will also conduct tours of the Heritage Rainforest Riverwalk

The launch will be in Mid September starting at 4pm. (watch out for details). An invitation is extended to all to come and join the fun.